

Learning Log

• What did I do?	
• How do I think/feel about this?	
• What did I think about but not say (or what did I want to say but did not)	
• How well (or badly) did it go?	
• What did I learn?	
• What will I do differently next time?	
• How will I do it differently next time?	



• What have I achieved?	
• What have I learned about myself?	
• How have I put any theory into practice?	
• How does what I have been doing lead to me becoming better at a skill	
• How can I use this to plan for the future?	
• (How) can I use this to plan new learning experiences?	