

Learning Log

	• What did I do?
	How do I think/feel about this?
	Thow do i thinky reel about this:
	What did I think about but not say (or what did I want to say but did not)
	How well (or badly) did it go?
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	What did I learn?
	What will I do differently next time?
<u> </u>	How will I do it differently next time?
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• What have I achieved?
What have I learned about myself?
How have I put any theory into practice?
 How does what I have been doing lead to me becoming better at a skill
• How can I use this to plan for the future?
• (How) can I use this to plan new learning experiences?