

# Learning Log

<ul style="list-style-type: none"><li>• What did I do?</li></ul>	
<ul style="list-style-type: none"><li>• How do I think/feel about this?</li></ul>	
<ul style="list-style-type: none"><li>• What did I think about but not say (or what did I want to say but did not)</li></ul>	
<ul style="list-style-type: none"><li>• How well (or badly) did it go?</li></ul>	
<ul style="list-style-type: none"><li>• What did I learn?</li></ul>	
<ul style="list-style-type: none"><li>• What will I do differently next time?</li></ul>	
<ul style="list-style-type: none"><li>• How will I do it differently next time?</li></ul>	



<ul style="list-style-type: none"> <li>• What have I achieved?</li> </ul>
<ul style="list-style-type: none"> <li>• What have I learned about myself?</li> </ul>
<ul style="list-style-type: none"> <li>• How have I put any theory into practice?</li> </ul>
<ul style="list-style-type: none"> <li>• How does what I have been doing lead to me becoming better at a skill</li> </ul>
<ul style="list-style-type: none"> <li>• How can I use this to plan for the future?</li> </ul>
<ul style="list-style-type: none"> <li>• (How) can I use this to plan new learning experiences?</li> </ul>