

Learning Log

	• What did I do?
	How do I think/feel about this?
	What did I think about but not say (or what did I want to say but did not)
	How well (or badly) did it go?
	Thow well (or badily) did it go:
	What did I learn?
	• What did Hearns
	What all the lift and the control of
	What will I do differently next time?
_	How will I do it differently next time?



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What have I achieved?
What have I learned about myself?
How have I put any theory into practice?
How does what I have been doing lead to me becoming better at a skill
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How can I use this to plan for the future?
(How) can I use this to plan new learning experiences?