

# Learning Log

<ul style="list-style-type: none"><li>• What did I do?</li></ul>	
<ul style="list-style-type: none"><li>• How do I think/feel about this?</li></ul>	
<ul style="list-style-type: none"><li>• What did I think about but not say (or what did I want to say but did not)</li></ul>	
<ul style="list-style-type: none"><li>• How well (or badly) did it go?</li></ul>	
<ul style="list-style-type: none"><li>• What did I learn?</li></ul>	
<ul style="list-style-type: none"><li>• What will I do differently next time?</li></ul>	
<ul style="list-style-type: none"><li>• How will I do it differently next time?</li></ul>	



• What have I achieved?	
• What have I learned about myself?	
• How have I put any theory into practice?	
• How does what I have been doing lead to me becoming better at a skill	
• How can I use this to plan for the future?	
• (How) can I use this to plan new learning experiences?	